



Services

Massages

RELAXING ESSENCE MASSAGE

60 min | \$660 mxn

90 min | \$935 mxn

Gentle pressure. Ideal for releasing stress, relaxing the mind, and relieving muscle tension. Promotes deep rest and well-being.

FULL BODY RESTORATIVE MASSAGE

60 min | \$825 mxn

90 min | \$1,210 mxn

Medium pressure massage combining acupressure, stretching, and myofascial release techniques. Relieves muscle tension, improves mobility, and reduces muscle stress, including a heated pillow for deep relaxation.

DEEP REVITALIZING MASSAGE

60 min | \$935 mxn

90 min | \$1,320 mxn

Intense pressure focused on the deep layers of muscle tissue. Ideal for people with high tension, stiffness, or chronic injuries. Promotes post-exercise recovery, oxygenation, and the release of stubborn muscle knots.

LUXURY MASSAGE

80 min | \$1,320 mxn

A gentle to medium pressure massage that combines reflexology and craniosacral therapy to release tension and balance body and mind. Accompanied by our signature oil, it provides a profound sense of calm and well-being.

MEXICAN SPIRIT

60 min | \$825 mxn

90 min | \$1,210 mxn

Gentle to medium pressure. Combines tequila oil and relaxing techniques that stimulate circulation and revitalize the skin. Includes a shot of reposado tequila.

WINE RITUAL

60 min | \$825 mxn

90 min | \$1,210 mxn

Sensory massage with red wine oil rich in antioxidant polyphenols. Nourishes, tones, and revitalizes the skin, improving circulation and promoting overall well-being. Includes a glass of red wine.

Massages

FOOT REFLEXOLOGY

30 min | \$495 mxn

60 min | \$715 mxn

Stimulation therapy applied to reflex points on the feet that correspond to different organs and systems of the body. It helps to balance internal functions, improve circulation, and promote a deep sense of rest and overall well-being.

NECK AND BACK

30 min | \$495 mxn

60 min | \$715 mxn

Medium-pressure massage focused on releasing muscle tension and reducing accumulated stress in the neck, back, and arms. It uses kneading and controlled friction techniques to improve mobility, relieve stress, and provide immediate relaxation.

LYMPHATIC DETOX

60 min | \$825 mxn

Manual therapy with gentle, rhythmic movements that stimulates the lymphatic system, promoting the elimination of toxins, retained fluids, and impurities from the body. It improves circulation, reduces inflammation, and provides a feeling of lightness, internal cleansing, and overall well-being.

PRENATAL

60 min | \$660 mxn

Specialized massage designed for the well-being of pregnant women. It is applied with safe and gentle techniques that relieve lower back tension, improve circulation, and reduce fluid retention, providing physical comfort, rest, and emotional balance during pregnancy.

TIRED LEGS MASSAGE

30 min | \$449 mxn

This massage focuses on relieving tension in the feet and legs, improving circulation, and providing a deep sense of relaxation. Ideal for relaxing the body, releasing fatigue, and restoring lightness and well-being.

Facials

FACIAL MOISTURIZER

Approximate duration 40 min | \$660 mxn

A facial treatment that restores the skin's natural balance, improving hydration, radiance, and texture. Specific active ingredients are applied based on a personalized assessment, promoting healthy skin.

Includes: Personalized ampoule, plastic mask, and craniofacial massage.

DEEP CLEANSING FACIAL

Approximate duration 60 min | \$825 mxn

Ideal for removing impurities, blackheads, dead cells and excess oil, leaving skin clean, fresh and luminous, promoting the absorption of moisturizing or nourishing products.

Includes: Concentrated ampoule, personalized mask and craniofacial massage.

NOURISHING ANTI-AGING FACIAL

Approximate duration 70 min | \$1,210 mxn

This facial protocol aims to reduce the signs of aging and restore firmness, radiance, and vitality to the skin. It is designed for mature skin or skin with the first signs of aging, helping to revitalize the face and stimulate the natural production of collagen and elastin.

Includes: Concentrated ampoule, lifting mask, firming equipment and craniofacial massage.

HYDRAFACIAL

Approximate duration 60 min | \$1,025 mxn

Facial treatment that combines hydrafacial technology with manual facial cleansing, allowing for a deep and effective cleansing.

The protocol is customized according to the needs of the skin, helping to improve hydration, texture and luminosity from the first session.

Includes: Concentrated ampoule, equipment and craniofacial massage.

Facials

HOLLYWOOD PEEL

Approximate duration 60 min | \$1,347 mxn

Facial treatment that uses carbon laser to deeply cleanse the skin, improve texture, refine pores and provide luminosity.

It adapts to the needs of each skin, helping to even out the tone and achieve a revitalizing and luminous effect from the first session.

Includes: Concentrated ampoule, equipment and craniofacial massage.

PREMIUM FACIAL – ADVANCED EXPERIENCE

Approximate duration 70 min | \$1,347 mxn

A personalized facial using premium products that incorporates galvanic technology. Products are applied according to the skin's needs, and hand exfoliation is included for a complete experience of renewal, deep hydration, and multi-sensory relaxation.

Includes: Concentrated ampoule, plastic mask, firming equipment and craniofacial and cervical massage.

FACIAL LUXURY – HIGH-END COSMETICS

Approximate duration 80 min | \$1,847 mxn

A state-of-the-art facial treatment, personalized to your skin's needs. It combines advanced aesthetic techniques such as microneedling, hydrafacial, application of gold or champagne masks, and vials adapted to your skin to redefine contours and improve firmness. Results are visible from the first session.

Includes: Concentrated ampoule, gold or champagne mask, firming equipment and craniofacial and cervical massage.



Hands & Feet

BASIC MANICURE

Regular | \$287 mxn With gel | \$387 mxn

A beauty treatment that focuses on the care and beautification of your hands. It includes nail shaping and filing, cuticle care, gentle exfoliation, moisturizing, and application of traditional nail polish. Ideal for maintaining clean, soft, and impeccably beautiful hands.

PEDICURE SPA

Regular | \$387 mxn With gel | \$457 mxn

Complete foot care and wellness treatment. Includes nail filing and shaping, cuticle care, deep exfoliation, callus removal, moisturizing mask, and relaxing massage. Provides softness, freshness, and a feeling of total relaxation for feet and legs.

COMPLEMENTS

Gel polish | \$219 MXN

Regular nail polish | \$99 MXN

Gel removal | \$219 MXN

Hydrating face mask | \$99 MXN



Hair Removal

Hot wax hair removal is ideal for sensitive skin, eliminating hair from the root and leaving skin smooth and irritation-free. Intense pulsed light (IPL) treatment, on the other hand, progressively reduces hair growth, lightens the skin, improves its texture, and offers long-lasting results with regular sessions, being safe for all areas.

<i>Area</i>	<i>Cera</i>	<i>Laser IPL</i>
Bozo	\$143 MXN	\$275 mxn
Eyebrow cleaning	\$242 mxn	\$275 mxn
Sideburns.....	\$121 MXN	\$286 mxn
Full face.....	\$451 mxn	\$605 mxn
Full legs	\$594 MXN	\$1,320 mxn
Half legs.....	\$352 mxn	\$660 mxn
Armpits.....	\$242 mxn	\$310 mxn
Abdomen.....	\$539 MXN	\$949 mxn
Full arms	\$418 MXN	\$1,320 mxn
Half arms	\$242 mxn	\$715 mxn
Male chest	\$627 MXN	\$1,320 mxn
Mid-back (male)	\$440 mxn	\$440 mxn
Male back	\$627 MXN	\$1,320 mxn
Bikini Takeover.....	\$297 MXN	\$418 mxn
Women's bikini.....	\$418 MXN	\$620 mxn
Men's bikini	\$539 MXN	\$730 mxn
Buttocks.....	\$352 mxn	\$418 mxn
Interglúteos.....	\$187 MXN	\$286 mxn

Packages

LOVE AND HARMONY RITUAL

90 min | \$2,647 mxn

Ideal for couples looking to reconnect and share a moment of total relaxation and well-being. Enjoy a 60-minute relaxing massage and a 30-minute hydrating facial.

BALANCE THERAPEUTIC DUO

90 min | \$3,169 mxn

Ideal for couples who want to release muscle tension and regain physical and mental energy. Enjoy a 60-minute therapeutic massage, a 30-minute hydrating facial, and two glasses of wine.



FISH THERAPY

20 minutes | \$200 mxn

Fish therapy is an excellent option for those who wish to experience a feeling of deep relaxation and well-being, as contact with warm water and the gentle massage of the fish can relieve stress, anxiety, and muscle tension.

Body Treatments

FIRMING TREATMENT

50 min | \$660 mxn

Targeted session with your choice of equipment, perfect for toning and firming a specific area. Includes a firming ampoule.

POST-OPERATIVE MASSAGE

60 min | \$935 mxn

Post-operative therapy that integrates manual lymphatic drainage and ultrasound to reduce inflammation, improve circulation and promote aesthetic results.

BODY SCRUB

55 min | \$660 mxn

Treatment that removes dead skin cells through a gentle massage with natural exfoliants, improving oxygenation and stimulating cell regeneration.

DEEP BACK CLEANSING

Approximate duration 50 min | \$825 mxn

Ideal for removing impurities, blackheads, dead cells and excess oil, leaving skin clean, fresh and luminous, promoting the absorption of moisturizing or nourishing products.

BODY DEPIGMENTATION

1 area | \$300 MXN 2 areas | \$550 mxn

A targeted session designed to reduce blemishes, lighten the area, and provide a more even skin tone. Choose the

MICROPUNTURA

You need an appraisal to get a price.

Body microneedling focused on improving texture, stimulating collagen and visibly renewing the skin, reduces acne scars, stretch marks, and diminishes blemishes.

Membership

Get 6 monthly services, choose from:

- Relaxing massage 60 min
- Basic facial moisturizer
- 3 waxing sessions on small areas or 1 large area
- Pedicure y manicure (sin gel)
- Body exfoliation
- Body contouring session

In addition to other benefits:

- Save 35% on spa services
- 10% discount on all menu items
- +5 FREE fish therapy sessions
- Priority on the agenda

For only:

\$2,779

Per month

**Actual price
\$4,199MXN**



Social networks



 Essencia Spa

 [essenciaspa.pv](https://www.instagram.com/essenciaspa.pv)

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ESSENCIA SPA
BY ARACELI